

eat well celebrations and feasts

luncheons sample menus
country brunch

passed appetizers

warm sour cream cinnamon doughnut bites
served with chocolate dipping sauce

sausage and boursin puff pastry pinwheels

for the table

market cheeses
with seasonal fruit & crackers

brunch buffet

buttermilk fried chicken
hand breaded Amish chicken breast, served with rosemary gravy

orange glazed Kentucky ham
sliced and served with cream biscuits

country egg casserole
with toasted country bread, Cotswold cheese and sautéed onions

simple green salad
mixed greens and romaine with citrus vinaigrette

roasted harvest vegetables (season pending)
gold potatoes, sweet potatoes, butternut squash, pearl onions and parsnips

fresh fruit salad
with honey and mint

bailey's irish cream and toffee trifle
layers of sponge cake soaked with bailey's,
real butterscotch pastry cream, and toffee
topped with fresh whipped cream

eat well celebrations and feasts

luncheons sample menus

fun brunch

passed appetizers

white chocolate cinnamon snails
two bite mini cinnamon rolls with white chocolate glaze

smoothie shots

2 flavors: mixed berry and banana orange smoothies, with organic yogurt and honey in shot glasses with mini straws

chicken 'n waffles

bite size buttermilk fried chicken and mini waffle with black pepper maple cream

brunch stations

biscuit and gravy bar

Chef/server attended, gravy heated in skillets with butane burner

large cream biscuits

choice of classic milk gravy or tomato gravy

added to the gravy guests choice of:

Eckerlin's crumbled pork sausage, pink shrimp, sautéed country ham, sautéed portobello mushrooms, caramelized onions, sautéed spinach

guests can top with:

shredded white cheddar cheese or scallions

house made pickled vegetables in ball jars

scrambled eggs

(chafer required)

French toast bar

Chef/server attended from the griddle

vanilla bean French toast

toppings guests add:

whipped cream, glazed strawberry sauce, chocolate ganache sauce, homemade caramel sauce, peanut butter sauce, sprinkles, toasted chopped pecans, crushed oreos, and chopped double smoke bacon

eat well celebrations and feasts

luncheons sample menus

ladies lunch

passed appetizers

parmesan puffs

classic New York Times recipe with chives

bite size potato leek quiche
with fresh dill

lunch buffet

mixed greens salad

with romaine, tart apples, walnuts, and feta
in poppy seed dressing

crêpes julia

sautéed chicken, artichoke hearts & spinach bundled in crêpes and baked with
champagne parmesan sauce

buttered dill asparagus

bay leaf baked basmati rice pilaf
with herbs & peas

warm baguette & butter

bite size desserts and cookies

seasonal selection that always includes our Callebaut chocolate chip cookies and triple
chocolate bars

eat well celebrations and feasts

luncheons sample menus

spa lunch

passed appetizers

sesame shrimp salad

In endive petal with chive garnish

goat cheese canape

on crostini with wok charred asparagus

lunch buffet

chopped romaine salad

with oranges, avocado and papaya in citrus vinaigrette

tandoori chicken sate*

with cucumber yogurt sauce

teriyaki beef sate

marinated grilled beef on skewers

spa noodles

soba noodles with carrots, snap peas, crushed salted peanuts and
sesame vinaigrette, served in mini Chinese takeout containers

grilled flatbread

served dessert

vanilla bean buttermilk panna cotta

with mango, fresh berries and raspberry sauce

iced pineapple green tea

eat well celebrations and feasts

luncheons sample menus
light and lovely salad lunch

seated lunch

first course

seasonal vegetable bisque (please inquire for selections)
with homemade olive oil croutons and herb crème fraîche

assorted shapes cornbread muffins and warm baguette
with whipped honey butter

second course

balsamic grilled chicken salad
mixed greens with Gorgonzola, candied pecans, and cranberries in
balsamic fig vinaigrette with
sliced balsamic grilled chicken (served warm)

dessert

classic cheesecake
with whipped cream and fresh strawberry sauce

or

black bottom cheesecake with homemade caramel sauce, crushed toffee and
chocolate ganache

iced blackberry tea

eat well celebrations and feasts

luncheons sample menus

fast and fresh lunch

lunch buffet

Asian chopped chicken salad

with pulled cilantro grilled chicken, shredded napa cabbage, romaine, oranges, toasted almonds

finished with crispy wontons on top
served in Chinese take-out containers

fresh fruit skewered on silver chopsticks
mango, watermelon, and pineapple

grilled flatbread wedges

bite size desserts and cookies

including our almond cupcakes with green tea buttercream and white chocolate dipped
fortune cookie