

eat well

sample menus. luncheons

Country Brunch

menu

passed appetizers

Warm Sour Cream Cinnamon Doughnut Bites

Sausage and Boursin Puff Pastry Pinwheels

for the table

Market Cheeses

with seasonal fruit & crackers

brunch buffet...

Buttermilk Fried Chicken

hand breaded Amish chicken breast, served with rosemary gravy

Orange Glazed Kentucky Ham

Sliced and served with Cream Biscuits

Country Egg Casserole

With toasted country bread, cotswold cheese and sautéed onions

Simple Green Salad

with Citrus Vinaigrette

Roasted Harvest Vegetables (season pending)

Gold potatoes, sweet potatoes, butternut squash, and parsnips

Display of Seasonal Whole Fruit

Bailey's Irish Cream and Toffee Trifle

Layers of sponge cake soaked with Bailey's, Real Butterscotch Pastry Cream,
and Toffee

topped with fresh whipped cream

Decaffeinated Coffee Service

\$29.00 per guest

Estimate based on 30 guests

plus service and rentals

KY or OH sales tax may be applicable

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Ladies Lunch

menu

passed appetizers

Mini White Chocolate Cinnamon 'Snails'
freshly baked on site and served warm

Bite Size Potato Leek Quiche
with fresh herbs

lunch buffet

Mixed Green Salad
with tart apples, walnuts, and feta
in Poppy Seed Dressing

French Tomato Tart
with gruyere, thinly sliced tomatoes & fresh thyme

Crepes Julia

Sautéed chicken, artichoke hearts & spinach bundled in crepes and baked with
champagne parmesan sauce

Buttered Dill Asparagus &
Basmati Rice Pilaf with Herbs & Peas

Warm Baguette & Butter

Bite Size Desserts and Cookies
Decaffeinated Coffee Service

\$27.00 per guest

Estimate based on 30 guests
plus service and rentals
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Spa Lunch

menu

Green Salad

With oranges, avocado and papaya in citrus vinaigrette

Tandoori Chicken Sate*

With Cucumber Yogurt Sauce

Teriyaki Beef Sate

Marinated grilled beef on skewers

Spa Noodles

Soba noodles with carrots, snap peas, crushed salted peanuts and sesame vinaigrette

Grilled Flatbread

Bite Size Desserts and Cookies

Iced Pineapple Green Tea (sweetened)
and decaffeinated coffee service

\$22.00 per guest

Estimate based on 30 guests

plus service and rentals

KY or OH sales tax may be applicable

*Another option is our: Asian Grilled Chicken Salad
with pulled Cilantro Grilled Chicken, Napa Cabbage, Oranges, Toasted
Almonds and Crispy Wontons.

This is served in Chinese Take-out Containers with Fresh Fruit Skewered on
Silver Chopsticks, Appetizers and Desserts

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Salad Lunch

menu

passed appetizers

Two Bite Cream Biscuits

With apricot butter and Kentucky Country Ham

Artichoke & Parmesan Toasted Crostini

seated lunch

first course

Seasonal Vegetable Bisque

with homemade croutons and Herb Crème Fraiche

second course

Balsamic Grilled Chicken Salad

Mixed Greens with gorgonzola, candied pecans, and cranberries in
balsamic fig vinaigrette with

sliced balsamic grilled chicken (served warm)

Key Lime Pie

with Whipped Cream and Fresh Raspberry Sauce

Iced Blackberry Tea

and decaffeinated coffee service

\$20.00 per guest

Estimate based on 30 guests

plus service and rentals

KY or OH sales tax may be applicable